REFLEXOLOGY

the maps of health

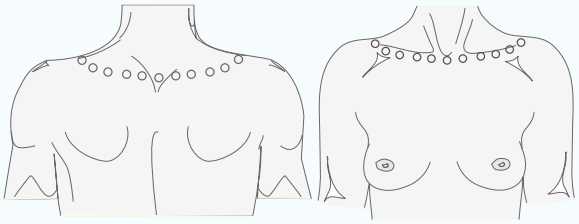
ewald-kliegel.de © since 1992

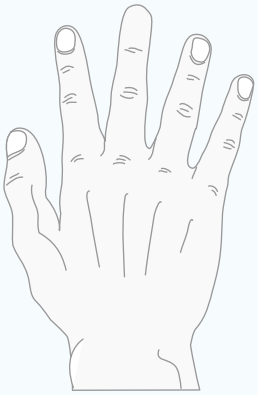
Welcome to a new dimension of our skin

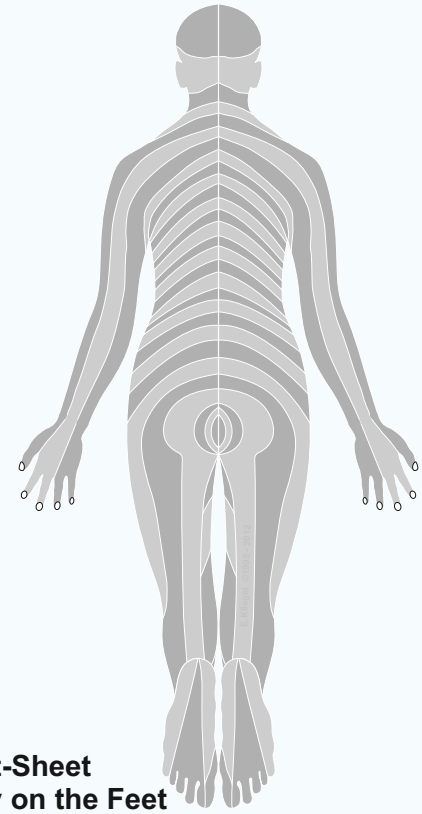
Reflexology - Result Sheets

for professional treatments

for 30 *Reflexology Systems*







Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

.....

.....

.....

Reflexology Signs:

PMR (Point of Maximum Reference) ✳

Red zones Irritations: ⊙

Inflammations: ◎

Pale zones: ∅

Pimple: △

Swellings □

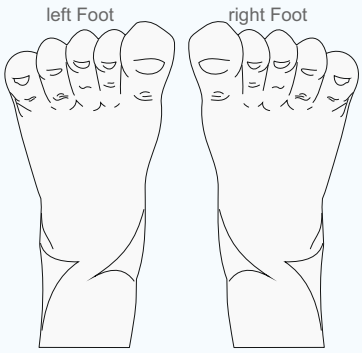
Compactions: ⊠

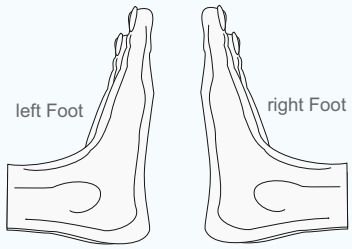
Scars: ⩘

Painful spots: ↯

other observations: (record colour and texture)

Result-Sheet
Reflexology on the Feet





Remarks:

.....

.....

.....

.....

REFLEXOLOGY
the maps of health

ewald-kliegel.de © since 1992

Welcome to a new dimension of our skin

Reflexology - Result Sheets

Dear friends of reflexology,

we all strive for happiness, peace and health. This applies even more in times of crisis. It is precisely then that a commitment to better understanding is particularly important. Following this impulse, I am making my »Maps of Health« available for personal use free of charge for their 30th anniversary. In 1992, Thomas Gutsche and I brought together all known reflexology systems on our body in one work. In doing so, we used the symbolic language in the form of organ icons for orientation in the reflex zones at a glance.

This was followed by the development of crystal wands and their implementation together with ***www.lapisvitalis.de***, as well as my teaching assignments for 30 years at ***www.paracelsus.de***, the largest school for naturopathy in Europe. This led to my books in seven languages and my new project ***Let Your Body Speak***

LAPIS VITALIS®

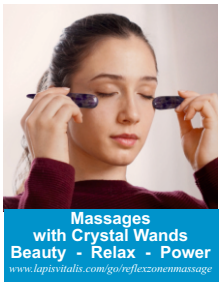
Due to my international commitment, it has always been important to me to think beyond borders.

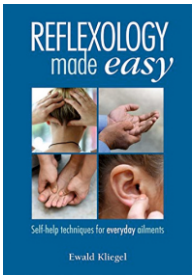
Therefore, my »Maps of Health« are freely available as a small contribution to international understanding in German, English, Chinese, French, Spanish, Russian and Ukrainian - with the vision of many other languages.

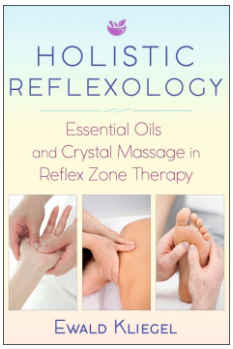
For their use in therapy and well-being I am available on request for events and workshops. (Email an seminar@ewald-kliegel.de)

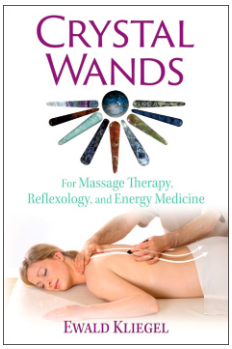
Joy and success with reflexology !

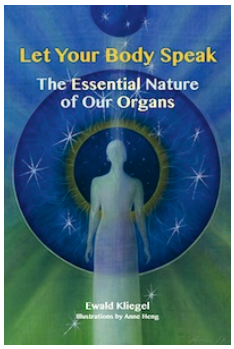
Ewald Kliegel

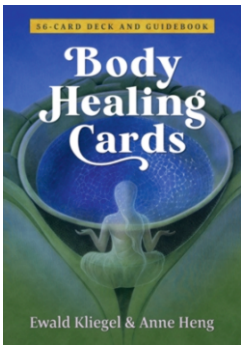












INNER TRADITIONS BEAR & COMPANY

with special thanks to
www.innertraditions.com

Findhorn PRESS

By downloading an illustration you get a right to use the downloaded content for your personal use. It shall be explicitly stated that this does not include any rights of property. All contents and images are protected by copyright and may not be changed in substance or in editing. There will fully apply the provisions of the Copyright Act and the current case law. For copyright reasons, I expect my website *www.ewald-kliegel.de* to be indicated in all posts of my illustrations on the web and social media. Professional providers need my explicit consent.

Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

.....

.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Result-Sheet
Reflexology on the Face, the Lips and the bridge of the Nose

Reflexology Signs:

PMR (Point of Maximum Reference) ✳

Red zones Irritations: ⊙

Inflammations: ◎

Pale zones: ∅

Pimple: △

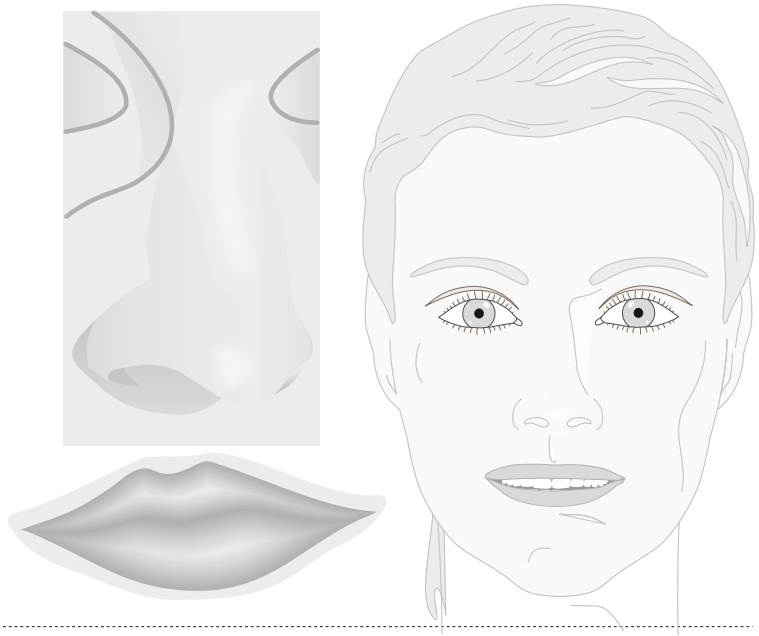
Swellings □

Compactions: ⊠

Scars: ⩘

Painful spots: ↯ ○

other observations: (record colour and texture)



Remarks:

.....

.....

.....

.....

Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

.....

.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Result-Sheet
Reflexology on the Face, the Lips and the bridge of the Nose

Reflexology Signs:

PMR (Point of Maximum Reference) ✳

Red zones Irritations: ⊙

Inflammations: ◎

Pale zones: ∅

Pimple: △

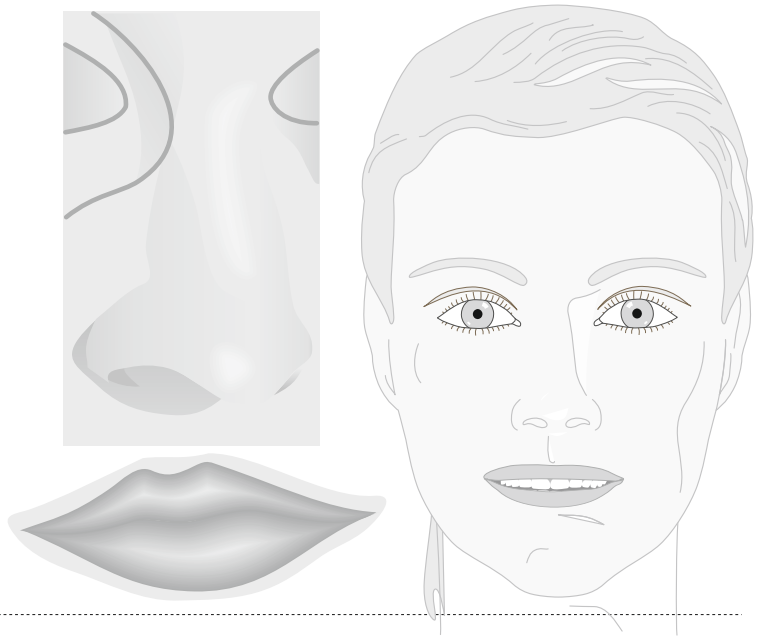
Swellings □

Compactions: ⊠

Scars: ⩘

Painful spots: ↯ ○

other observations: (record colour and texture)



Remarks:

.....

.....

.....

.....

Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

.....

.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Reflexology Signs:

PMR (Point of Maximum Reference) ✳

Red zones Irritations: ⊙

Inflammations: ◎

Pale zones: ∅

Pimple: △

Swellings □

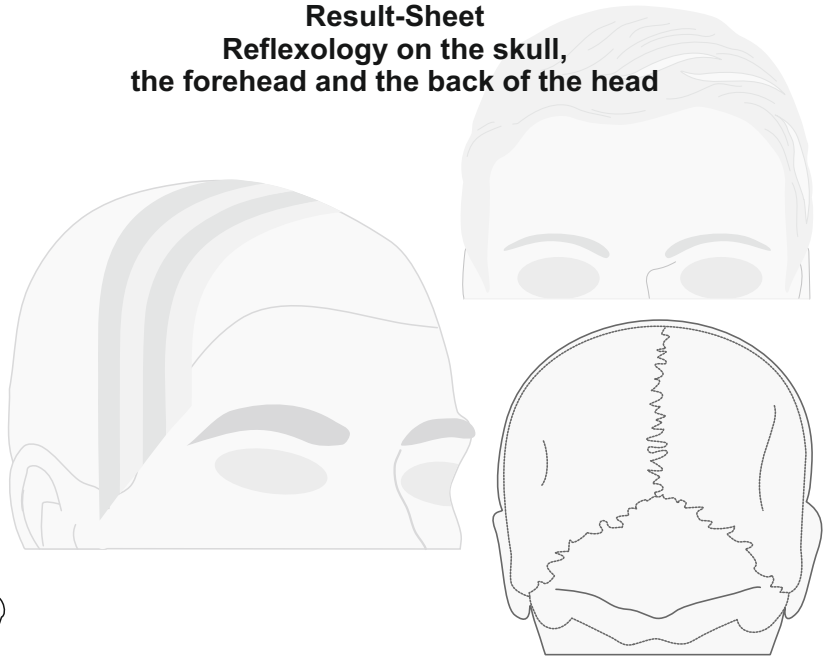
Compactions: ⊠

Scars: ⩘

Painful spots: ↯ ○

other observations: (record colour and texture)

Result-Sheet
Reflexology on the skull, the forehead and the back of the head



Remarks:

.....

.....

.....

.....

Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

.....

.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Reflexology Signs:

PMR (Point of Maximum Reference) ✳

Red zones Irritations: ⊙

Inflammations: ◎

Pale zones: ∅

Pimple: △

Swellings □

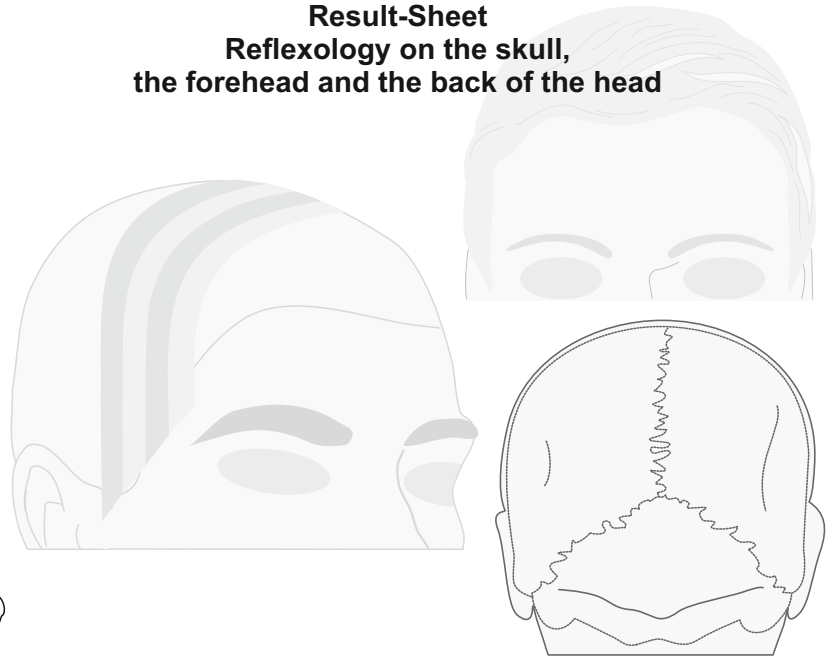
Compactions: ⊠

Scars: ⩘

Painful spots: ↯ ○

other observations: (record colour and texture)

Result-Sheet
Reflexology on the skull, the forehead and the back of the head



Remarks:

.....

.....

.....

.....

Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

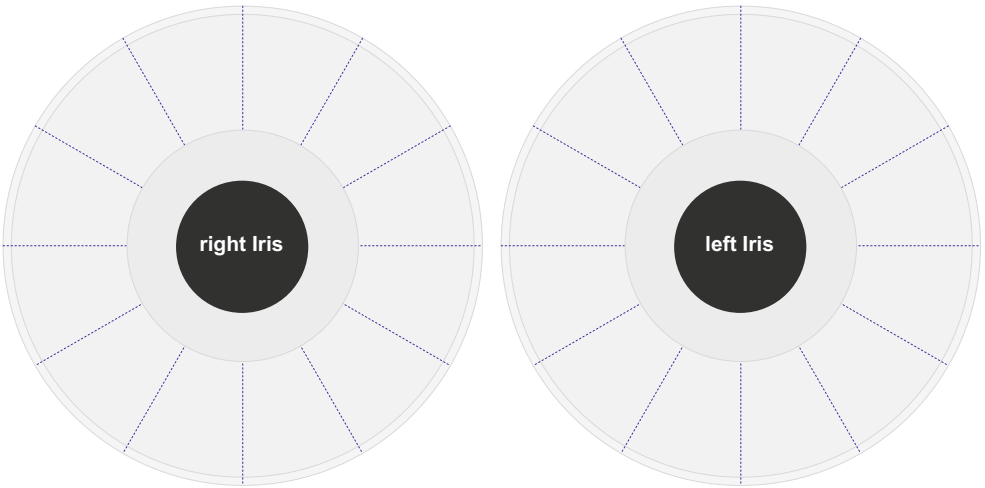
.....

.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Result-Sheet
REFLEXOLOGY on the IRIS of the EYES (Iridology)



Remarks:

.....

.....

.....

.....

Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

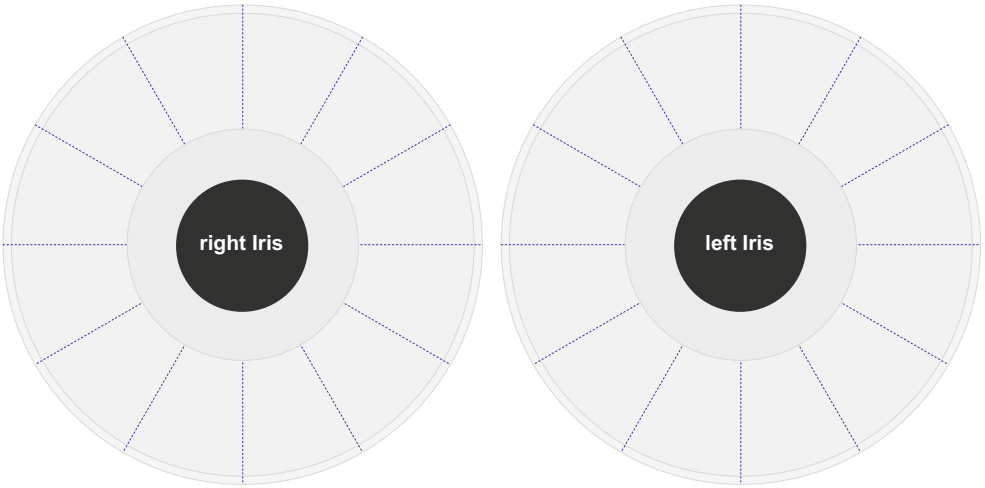
.....

.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Result-Sheet
REFLEXOLOGY on the IRIS of the EYES (Iridology)



.....

.....

.....

.....

Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

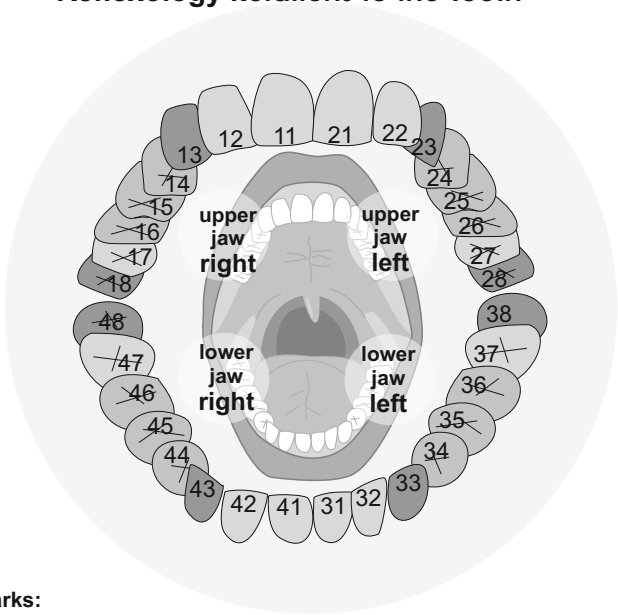
.....

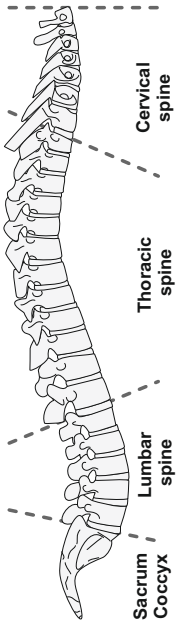
.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Result-Sheet
Reflexology Relations to the Teeth





Remarks:

.....

.....

.....

.....

Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

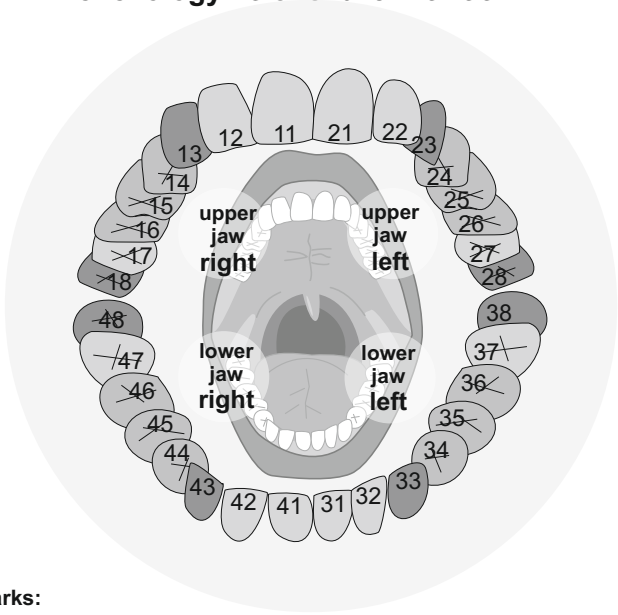
.....

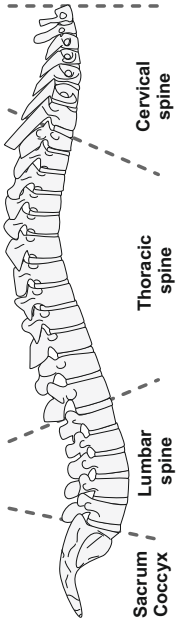
.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Result-Sheet
Reflexology Relations to the Teeth





Remarks:

.....

.....

.....

.....

Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

.....

.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Reflexology Signs:

PMR (Point of Maximum Reference) ✳

Red zones Irritations: ⊙

Inflammations: ◎

Pale zones: ∅

Pimple: △

Swellings □

Compactions: ⊠

Scars: ⩘

Painful spots: ↯

other observations: (record colour and texture)

Remarks:

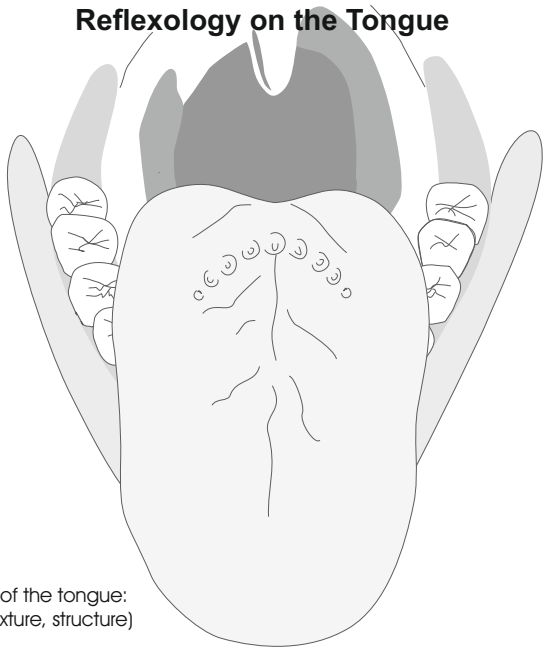
.....

.....

.....

.....

Result-Sheet
Reflexology on the Tongue



Coating of the tongue:
(color, texture, structure)

Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

.....

.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Reflexology Signs:

PMR (Point of Maximum Reference) ✳

Red zones Irritations: ⊙

Inflammations: ◎

Pale zones: ∅

Pimple: △

Swellings □

Compactions: ⊠

Scars: ⩘

Painful spots: ↯

other observations: (record colour and texture)

Remarks:

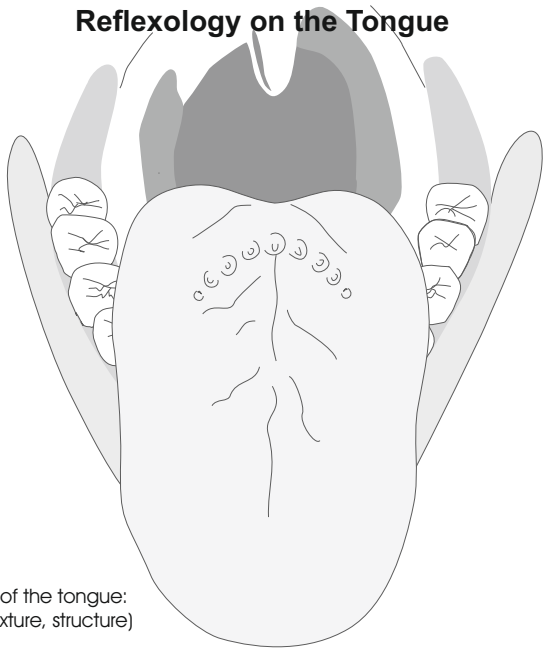
.....

.....

.....

.....

Result-Sheet
Reflexology on the Tongue



Coating of the tongue:
(color, texture, structure)

Result-Sheet
Reflexology on the Ears

Name:

Date:

Date of the last treatment .....

Reactions:

.....
.....
.....
.....
.....

Treatments in this session:

.....
.....
.....
.....
.....

Reactions:

.....
.....
.....
.....
.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Reflexology Signs:

PMR (Point of Maximum Reference) ✳

Red zones Irritations: ⊙

Inflammations: ◎

Pale zones: ∅

Pimple: △

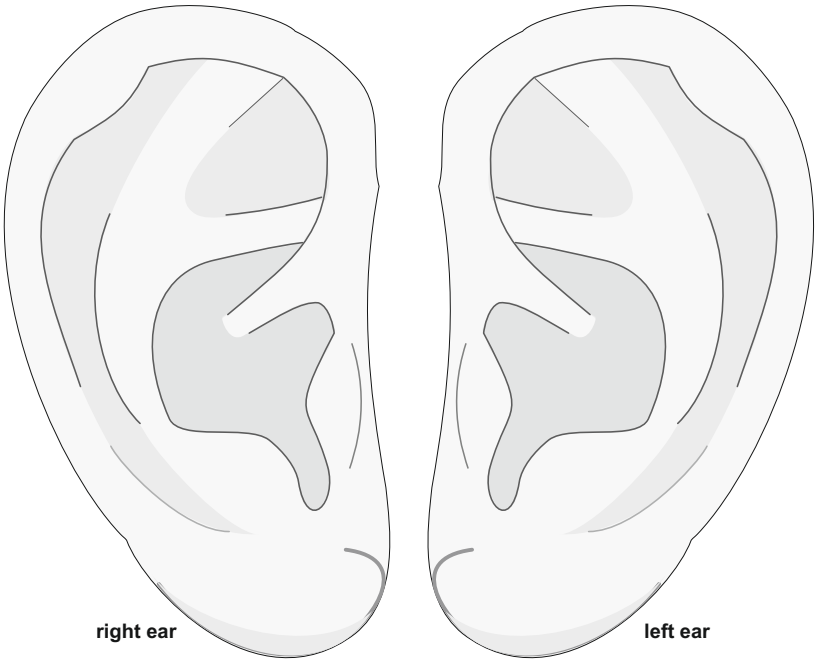
Swellings □

Compactions: ⊠

Scars: ⩘

Painful spots: ↯

other observations: (record colour and texture)



Remarks:

.....
.....
.....
.....

Result-Sheet
Reflexology on the Ears

Name:

Date:

Date of the last treatment .....

Reactions:

.....
.....
.....
.....
.....

Treatments in this session:

.....
.....
.....
.....
.....

Reactions:

.....
.....
.....
.....
.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Reflexology Signs:

PMR (Point of Maximum Reference) ✳

Red zones Irritations: ⊙

Inflammations: ◎

Pale zones: ∅

Pimple: △

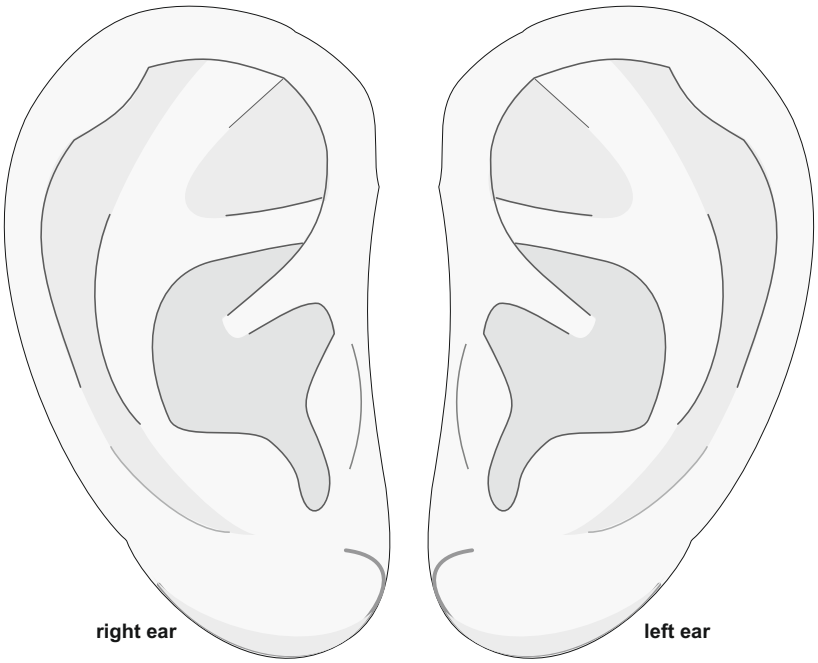
Swellings □

Compactions: ⊠

Scars: ⩘

Painful spots: ↯

other observations: (record colour and texture)



Remarks:

.....
.....
.....
.....

Result-Sheet
Reflexology - DERMATOMES

Name:

Date:

Date of the last treatment .....

Reactions:

.....
.....
.....
.....
.....

Treatments in this session:

.....
.....
.....
.....
.....

Reactions:

.....
.....
.....
.....
.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Reflexology Signs:

PMR (Point of Maximum Reference) ✳

Red zones Irritations: ⊙

Inflammations: ◎

Pale zones: ∅

Pimple: △

Swellings □

Compactions: ⊠

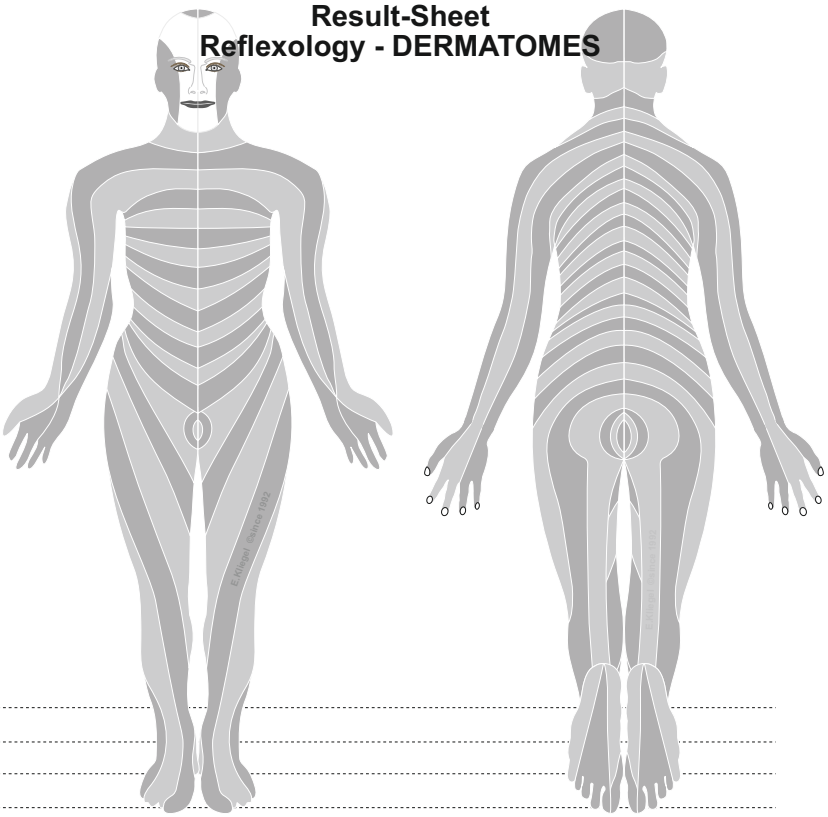
Scars: ⩘

Painful spots: ϟ ○

other observations: (record colour and texture)

Remarks:

.....
.....
.....
.....



Result-Sheet
Reflexology - DERMATOMES

Name:

Date:

Date of the last treatment .....

Reactions:

.....
.....
.....
.....
.....

Treatments in this session:

.....
.....
.....
.....
.....

Reactions:

.....
.....
.....
.....
.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Reflexology Signs:

PMR (Point of Maximum Reference) ✳

Red zones Irritations: ⊙

Inflammations: ◎

Pale zones: ∅

Pimple: △

Swellings □

Compactions: ⊠

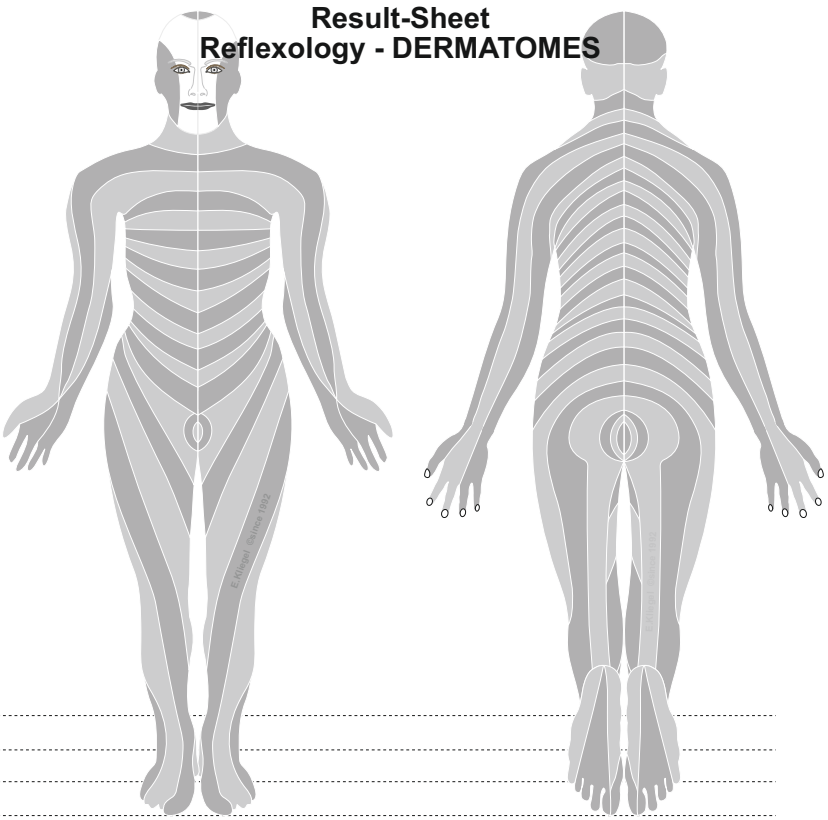
Scars: ⩘

Painful spots: ϟ ○

other observations: (record colour and texture)

Remarks:

.....
.....
.....
.....



Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

.....

.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Reflexology Signs:

PMR (Point of Maximum Reference) ✳

Red zones Irritations: ⊙

Inflammations: ◎

Pale zones: ∅

Pimple: △

Swellings □

Compactions: ⊠

Scars: ⩘

Painful spots: ↯

other observations: (record colour and texture)

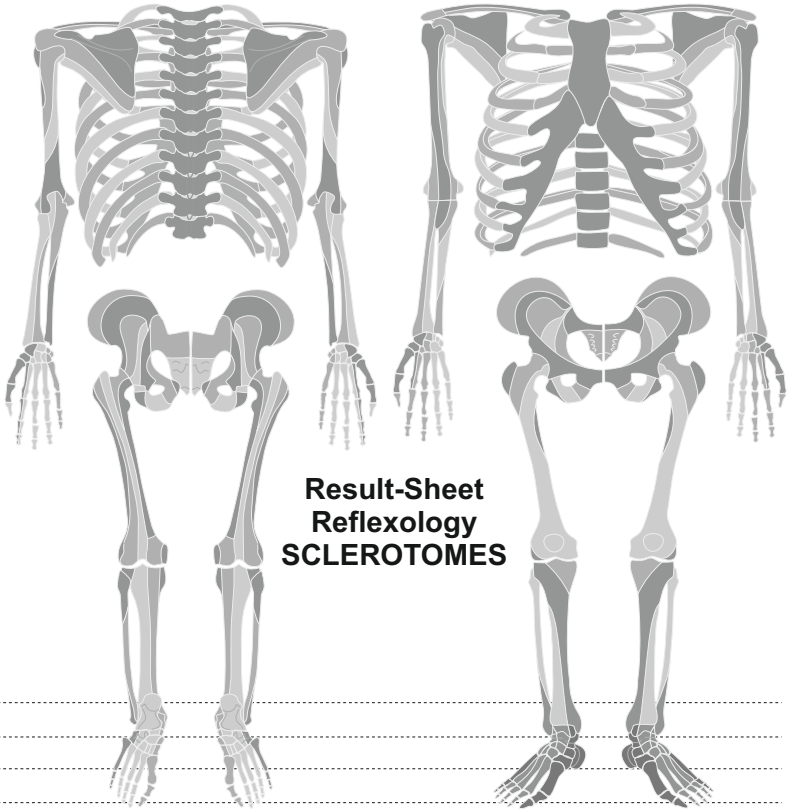
Remarks:

.....

.....

.....

.....



Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

.....

.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Reflexology Signs:

PMR (Point of Maximum Reference) ✳

Red zones Irritations: ⊙

Inflammations: ◎

Pale zones: ∅

Pimple: △

Swellings □

Compactions: ⊠

Scars: ⩘

Painful spots: ↯

other observations: (record colour and texture)

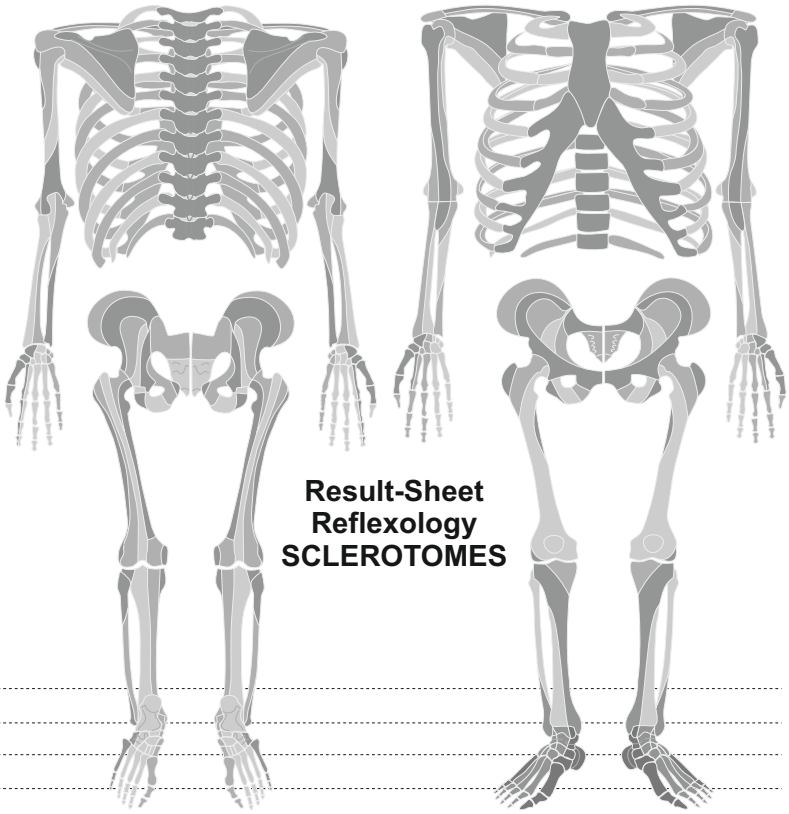
Remarks:

.....

.....

.....

.....



Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

.....

.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Result-Sheet
Reflexology on the Back

with the shu - points of the acupuncture system

Reflexology Signs:

PMR (Point of Maximum Reference) ✳

Red zones Irritations: ⊙

Inflammations: ◎

Pale zones: ∅

Pimple: △

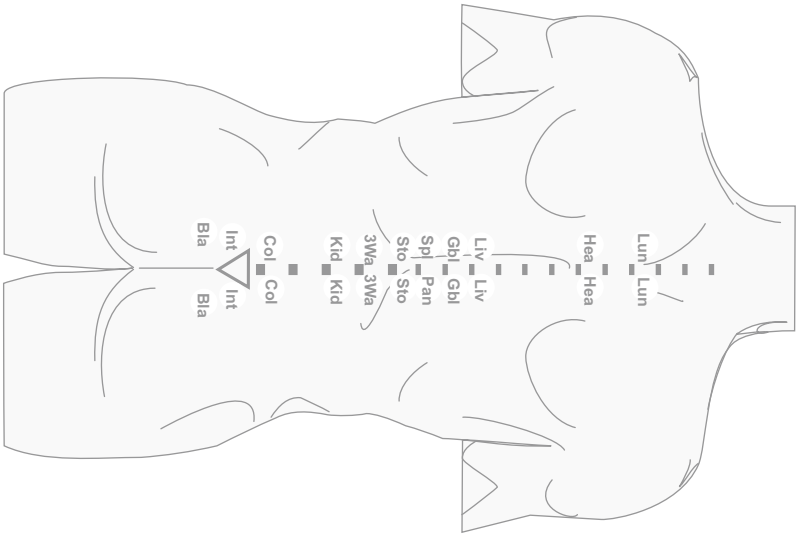
Swellings □

Compactions: ⊠

Scars: ⩘

Painful spots: ↯

other observations: (record colour and texture)



Remarks:

.....

.....

.....

.....

Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

.....

.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Result-Sheet
Reflexology on the Back

with the shu - points of the acupuncture system

Reflexology Signs:

PMR (Point of Maximum Reference) ✳

Red zones Irritations: ⊙

Inflammations: ◎

Pale zones: ∅

Pimple: △

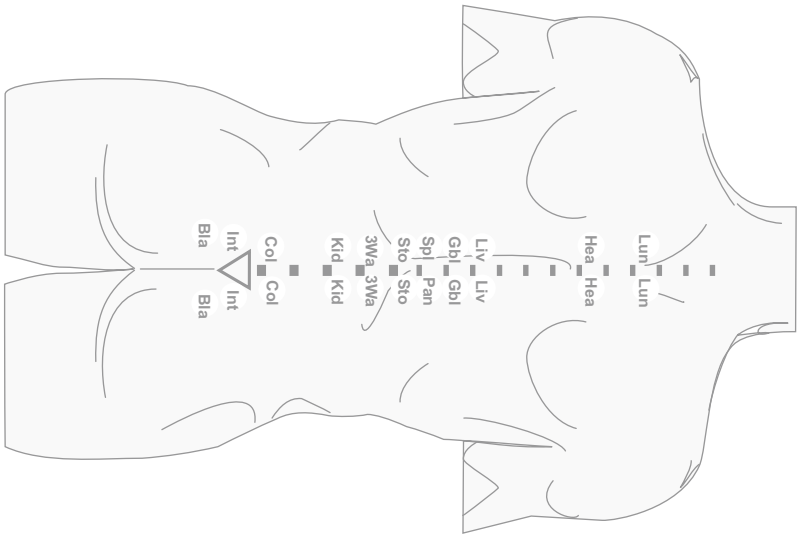
Swellings □

Compactions: ⊠

Scars: ⩘

Painful spots: ↯

other observations: (record colour and texture)



Remarks:

.....

.....

.....

.....

Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

.....

.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Result-Sheet
Reflexology on the Frontside
with the mu - points of the acupuncture system

Reflexology Signs:

PMR (Point of Maximum Reference) ✳

Red zones Irritations: ⊙

Inflammations: ◎

Pale zones: ∅

Pimple: △

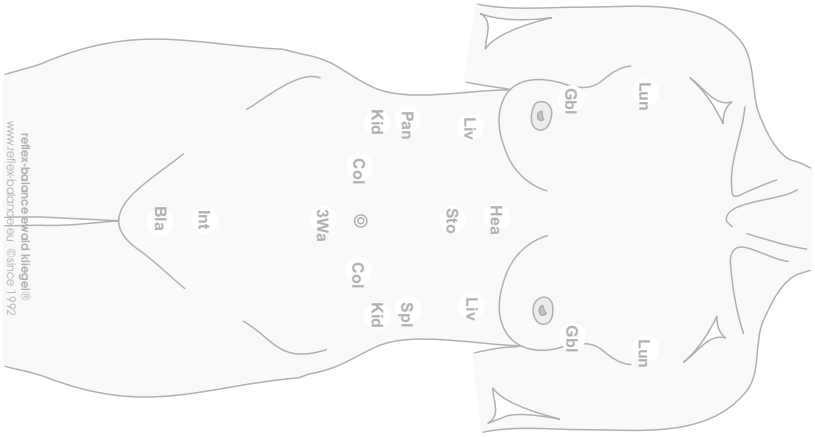
Swellings □

Compactions: ⊠

Scars: ⩘

Painful spots: ϟ ○

other observations: (record colour and texture)



Remarks:

.....

.....

.....

.....

Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

.....

.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Result-Sheet
Reflexology on the Frontside
with the mu - points of the acupuncture system

Reflexology Signs:

PMR (Point of Maximum Reference) ✳

Red zones Irritations: ⊙

Inflammations: ◎

Pale zones: ∅

Pimple: △

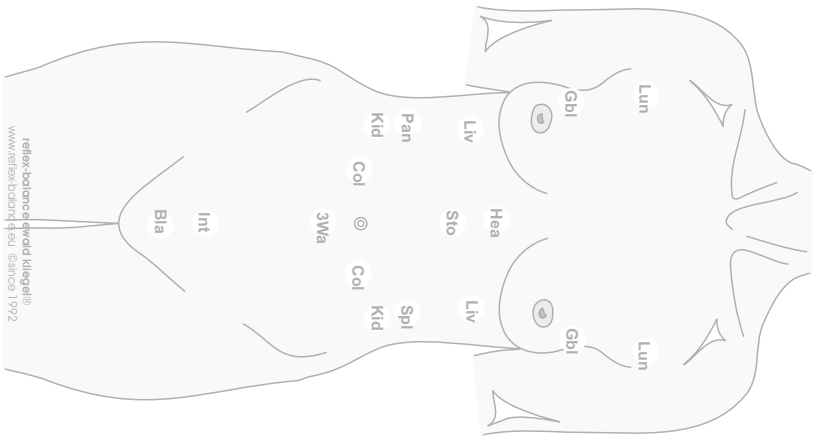
Swellings □

Compactions: ⊠

Scars: ⩘

Painful spots: ϟ ○

other observations: (record colour and texture)



Remarks:

.....

.....

.....

.....

Result-Sheet Reflexology - Myotomes

C 4	C 5	C 6	C 7	C 8	T 1

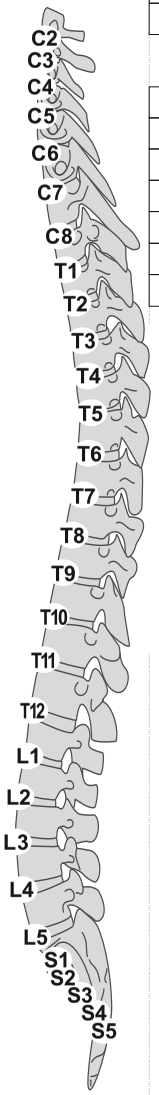
Shoulder muscles

Innervations of the muscles of shoulder, arm and hand from the cervical and thoracic spine

- M. Supraspinatus
- M. Teres minor
- M. Deltoideus
- M. Infraspinatus
- M. Subscapularis
- M. Teres major

Arm- und hand muscles

- M. Brachialis
- M. Supinator longus
- M. Supinator brevis
- M. Coracobrachialis
- M. Extensor carpi radialis
- M. Bizeps brachii
- M. Extensor carpi radialis
- M. Pronator teres
- M. Opponens pollicis
- M. Flexor carpi radialis
- M. Flexor pollicis longus
- M. Abductor pollicis longus
- M. Extensor pollicis longus
- M. Extensor digiti communis
- M. Extensor indicis
- M. Extensor carpi ulnaris
- M. Extensor digiti minimi
- M. Anconaeus
- M. Flexor digitorum superficialis
- M. Flexor digitorum profundus
- M. Pronator quadratus
- M. Flexor carpi ulnaris
- M. Palmaris longus
- M. Abductor pollicis brevis
- M. Flexor pollicis brevis
- M. Flexor digiti minimi
- M. Opponens digiti minimi
- M. Abductor pollicis
- M. Abductor digiti minimi
- M. Palmaris brevis
- M. Interossei
- M. Lumbricales



REFLEXOLOGY - THE MAPS OF HEALTH E.Kliegel©since 1992

C 4	C 5	C 6	C 7	C 8	T 1

T 12	L 1	L 2	L 3	L 4	L 5	S 1	S 2	S 3

Hip muscles

- M. Ileopsoas
- M. Tensor fascia latae
- M. Glutaeus maximus
- M. Glutaeus medius
- M. Glutaeus minimus
- M. Quadratus femoris
- M. Gemellus superior
- M. Gemellus inferior
- M. Obturatorius internus
- M. Piriformis

Innervations of the muscles of hip, leg and foot from the thoracic, lumbar and sacral spine

- M. Sartorius
- M. Pectineus
- M. Adductor longus
- M. Grazilis
- M. Adductor brevis
- M. Quadrizeps
- M. Adductor magnus
- M. Adductor minimus
- M. Obturatorius externus
- M. Articularis genu

Leg and foot muscles

- M. Tibialis anterior
- M. Semitendinosus
- M. Semimembranosus
- M. Extensor hallucis longus
- M. Extensor digitorum longus
- M. Plantaris
- M. Extensor hallucis brevis
- M. Extensor digitorum brevis
- M. Biceps femoris
- M. Soleus
- M. Gastrocnemius
- M. Peronaeus longus
- M. Peronaeus brevis
- M. Flexor digitorum brevis
- M. Abductor hallucis
- M. Tibialis posterior
- Mm. Lumbricales
- M Flexor digitorum longus.
- M. Flexor hallucis longus
- M. Flexor hallucis brevis
- M. Abductor hallucis
- M. Abductor digiti minimi
- M. Flexor digit. min. brevis
- M. Opponens digiti minimi
- M. Quadratus plantaris
- Mm. Interossei

Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

.....

.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

ewald-kliegel.de ©since 1992

T 12	L 1	L 2	L 3	L 4	L 5	S 1	S 2	S 3

Result-Sheet
Reflexology on the Neckline
and the Lymphatic points on the neck

Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

.....

.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Reflexology Signs:

PMR (Point of Maximum Reference) ✳

Red zones Irritations: ⊙

Inflammations: ◎

Pale zones: ∅

Pimple: △

Swellings □

Compactions: ⊠

Scars: ⩘

Painful spots: ↯

other observations: (record colour and texture)

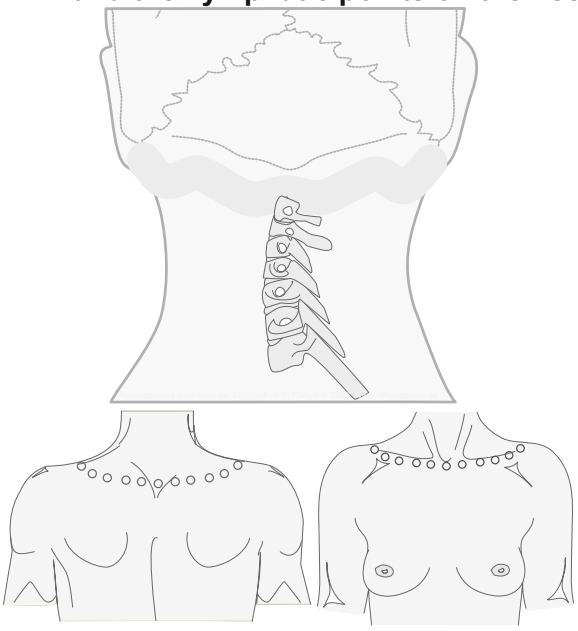
Remarks:

.....

.....

.....

.....



Result-Sheet
Reflexology on the Neckline
and the Lymphatic points on the neck

Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

.....

.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Reflexology Signs:

PMR (Point of Maximum Reference) ✳

Red zones Irritations: ⊙

Inflammations: ◎

Pale zones: ∅

Pimple: △

Swellings □

Compactions: ⊠

Scars: ⩘

Painful spots: ↯

other observations: (record colour and texture)

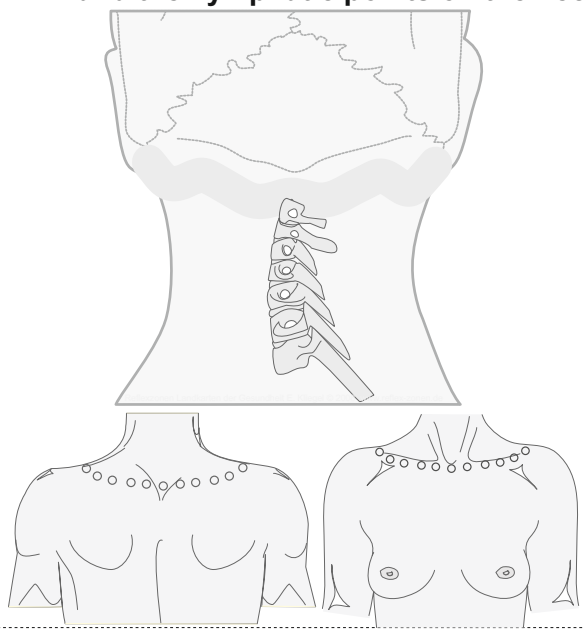
Remarks:

.....

.....

.....

.....



Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

.....

.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Result-Sheet
Reflexology on the Feet

Reflexology Signs:

PMR (Point of Maximum Reference) ✳

Red zones Irritations: ⊙

Inflammations: ◎

Pale zones: ∅

Pimple: △

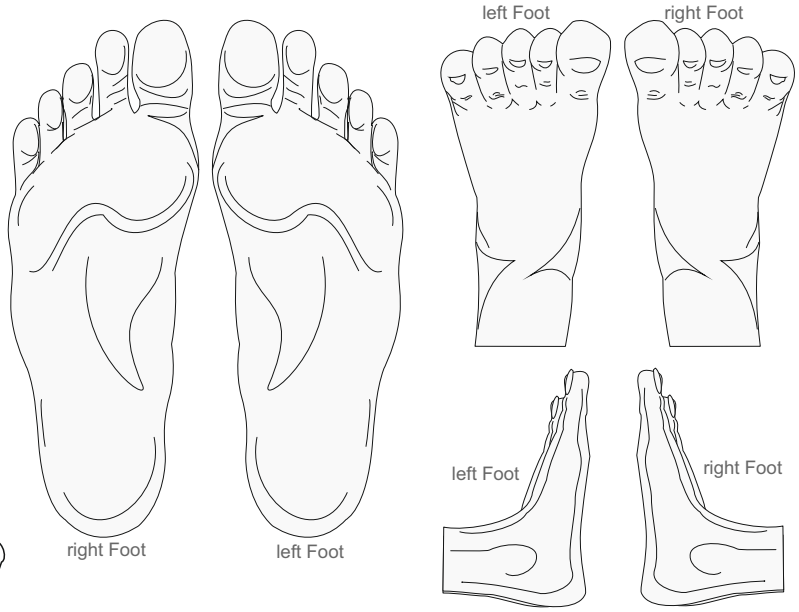
Swellings □

Compactions: ⊠

Scars: ⩘

Painful spots: ↯

other observations: (record colour and texture)



Remarks:

.....

.....

.....

.....

Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

.....

.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Result-Sheet
Reflexology on the Feet

Reflexology Signs:

PMR (Point of Maximum Reference) ✳

Red zones Irritations: ⊙

Inflammations: ◎

Pale zones: ∅

Pimple: △

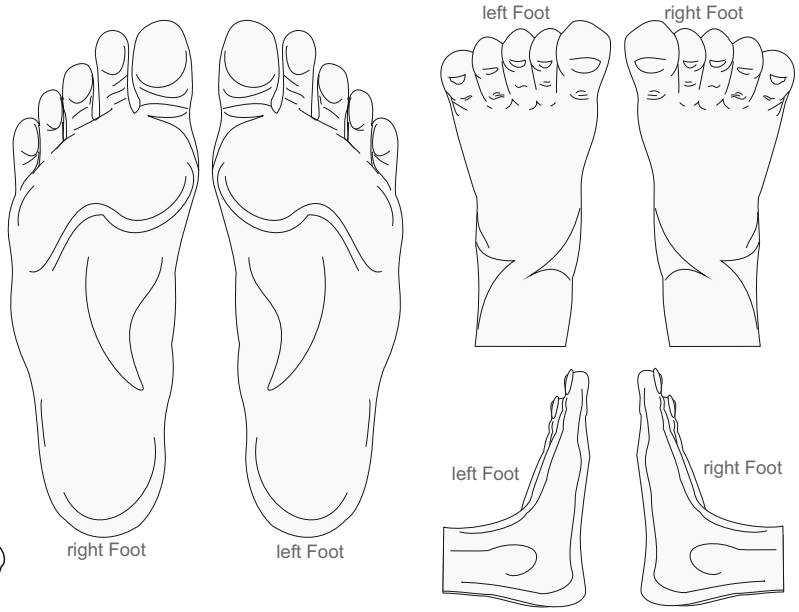
Swellings □

Compactions: ⊠

Scars: ⩘

Painful spots: ↯

other observations: (record colour and texture)



Remarks:

.....

.....

.....

.....

Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

.....

.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Result-Sheet
Reflexology on the CALVES and the LOWER LEG

Reflexology Signs:

PMR (Point of Maximum Reference) ✳

Red zones Irritations: ⊙

Inflammations: ◎

Pale zones: ∅

Pimple: △

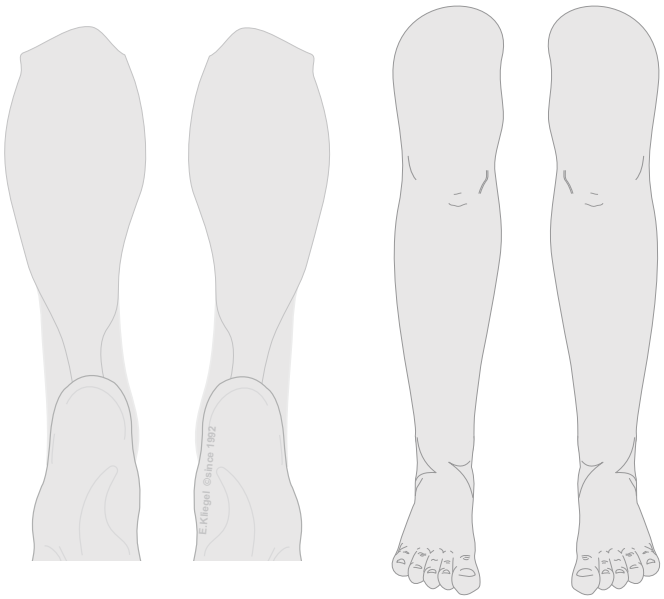
Swellings □

Compactions: ⊠

Scars: ⩘

Painful spots: ↯ ○

other observations: (record colour and texture)



Remarks:

.....

.....

.....

.....

Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

.....

.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Result-Sheet
Reflexology on the CALVES and the LOWER LEG

Reflexology Signs:

PMR (Point of Maximum Reference) ✳

Red zones Irritations: ⊙

Inflammations: ◎

Pale zones: ∅

Pimple: △

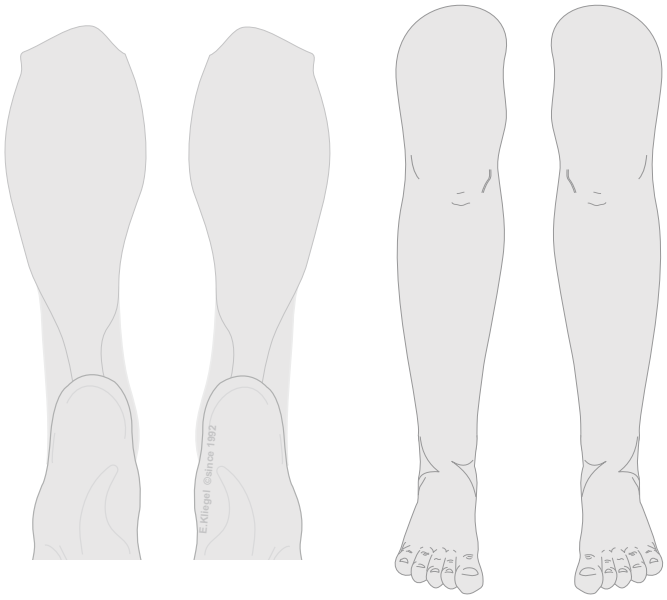
Swellings □

Compactions: ⊠

Scars: ⩘

Painful spots: ↯ ○

other observations: (record colour and texture)



Remarks:

.....

.....

.....

.....

Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

.....

.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Result-Sheet
Reflexology on the FOREARM

Reflexology Signs:

PMR (Point of Maximum Reference) ✳

Red zones Irritations: ⊙

Inflammations: ◎

Pale zones: ∅

Pimple: △

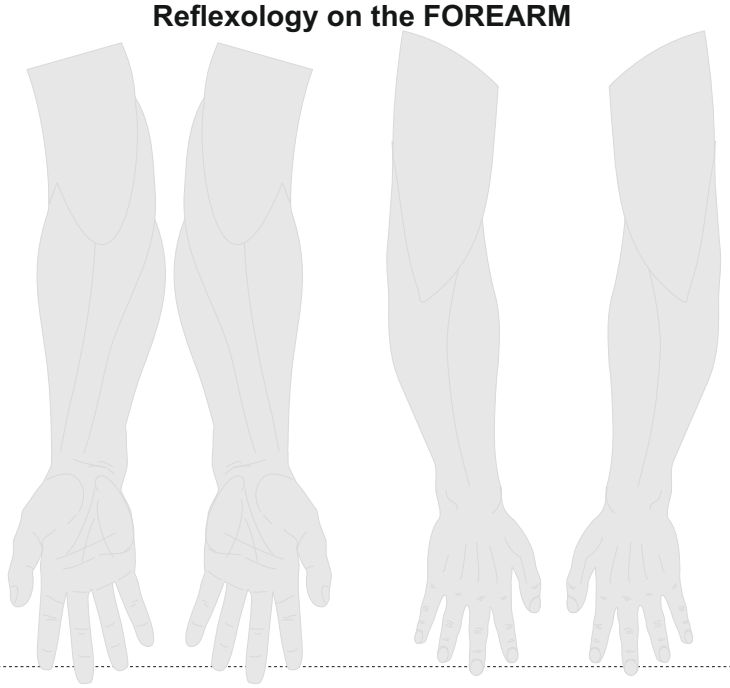
Swellings □

Compactions: ⊠

Scars: ⩘

Painful spots: ↯ ○

other observations: (record colour and texture)



Remarks:

.....

.....

.....

.....

Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

.....

.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Result-Sheet
Reflexology on the FOREARM

Reflexology Signs:

PMR (Point of Maximum Reference) ✳

Red zones Irritations: ⊙

Inflammations: ◎

Pale zones: ∅

Pimple: △

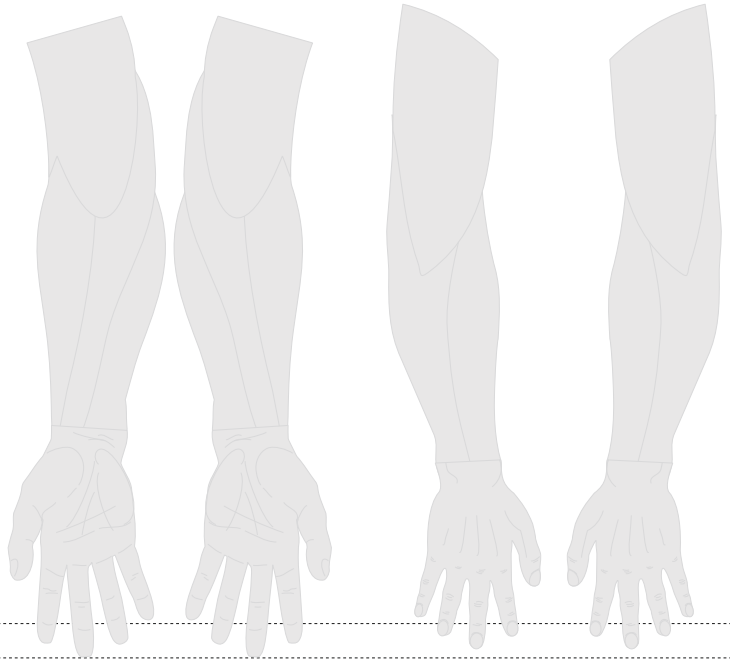
Swellings □

Compactions: ⊠

Scars: ⩘

Painful spots: ↯ ○

other observations: (record colour and texture)



Remarks:

.....

.....

.....

.....

Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

.....

.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Result-Sheet
Reflexology on the HANDS

Reflexology Signs:

PMR (Point of Maximum Reference) ✳

Red zones Irritations: ⊙

Inflammations: ◎

Pale zones: ∅

Pimple: △

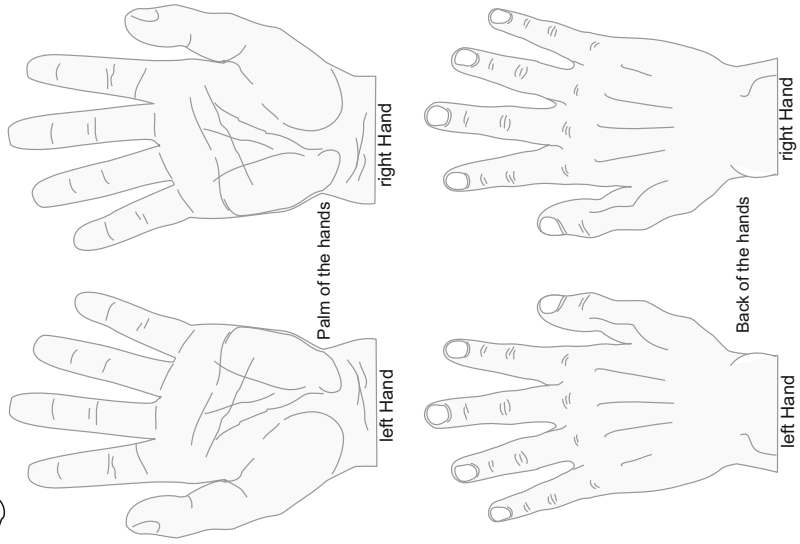
Swellings □

Compactions: ⊠

Scars: ⩘

Painful spots: ϟ ○

other observations: (record colour and texture)



Remarks:

.....

.....

.....

.....

Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

.....

.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Result-Sheet
Reflexology on the HANDS

Reflexology Signs:

PMR (Point of Maximum Reference) ✳

Red zones Irritations: ⊙

Inflammations: ◎

Pale zones: ∅

Pimple: △

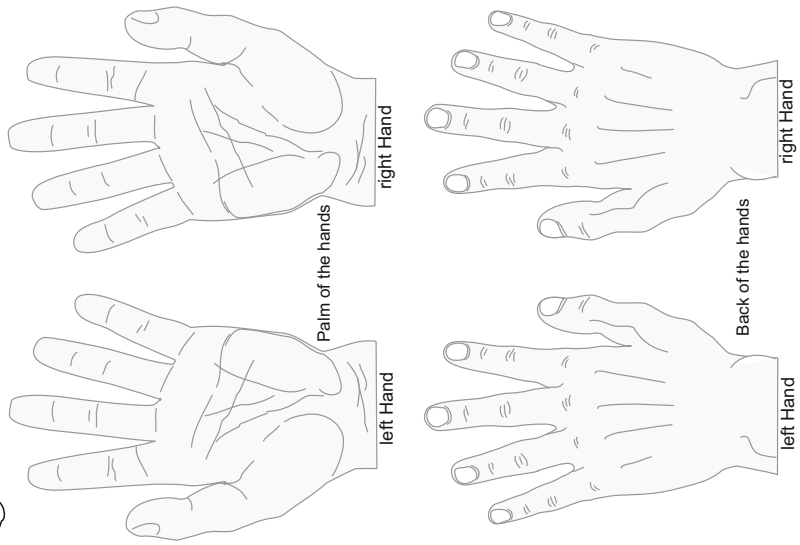
Swellings □

Compactions: ⊠

Scars: ⩘

Painful spots: ϟ ○

other observations: (record colour and texture)



Remarks:

.....

.....

.....

.....

Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

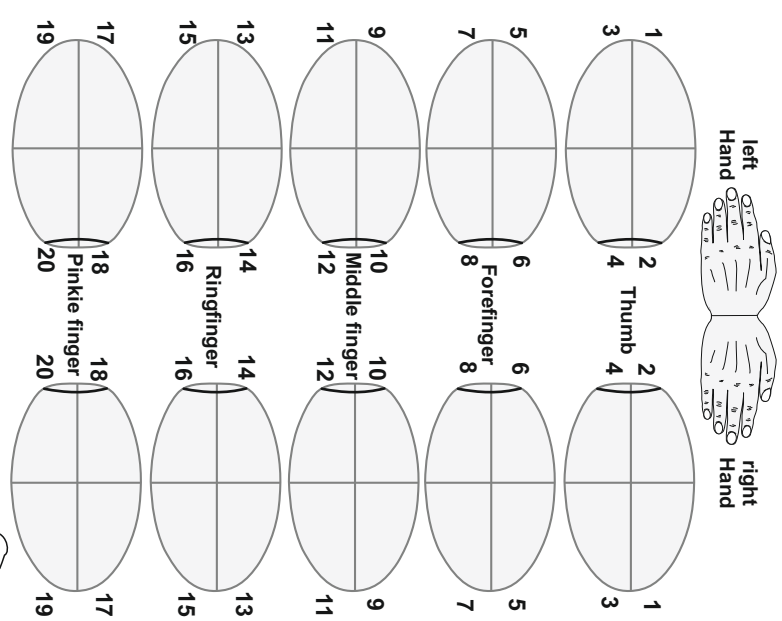
.....

.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Result-Sheet
Reflexology under the Fingernails



Reflexology Signs:

- PMR (Point of Maximum Reference) ✳
- Red zones Irritations: ⊙
- Inflammations: ◎
- Pale zones: ∅
- Pimple: △
- Swellings □
- Compactions: ⊠
- Scars: ⩘
- Painful spots: ϟ ○
- other observations: (record colour and texture)

Remarks:

.....

.....

.....

.....

Name:

Date:

Date of the last treatment .....

Reactions:

.....

.....

.....

.....

.....

Treatments in this session:

.....

.....

.....

.....

.....

Reactions:

.....

.....

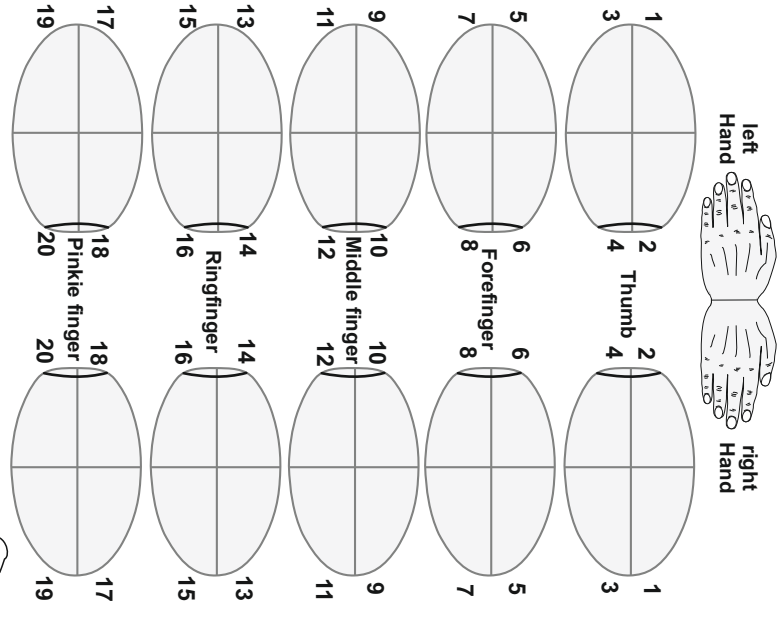
.....

.....

.....

Copying and free distribution of this page is explicitly permitted
Commercial use prohibited - www.ewald-kliegel.de ©since 1992

Result-Sheet
Reflexology under the Fingernails



Reflexology Signs:

- PMR (Point of Maximum Reference) ✳
- Red zones Irritations: ⊙
- Inflammations: ◎
- Pale zones: ∅
- Pimple: △
- Swellings □
- Compactions: ⊠
- Scars: ⩘
- Painful spots: ϟ ○
- other observations: (record colour and texture)

Remarks:

.....

.....

.....

.....